

# Earth Day Compost Worksheet

*What can be composted?*

<b><u>DO</u> COMPOST</b>	<b><u>DO NOT</u> COMPOST</b>
Leaves, grass clippings, weeds, pine needles, wood shavings, nutshells, bark, fruit and vegetable scraps (peels, skins or seeds), sawdust, coffee grounds, tea bags, shredded newspaper	Meat, bones, fish, vegetable oils, dairy products, fats, human or pet waste, charcoal ash, diseased or insect ridden plants, yard trimmings treated with pesticides

Let's create a log of the items that were thrown away after breakfast, lunch and dinner. Write each item in the table below, then put a checkmark in the "**Do Compost**" or the "**Do Not Compost**" column, as appropriate.

<b>ITEM</b>	<b><u>DO</u> Compost</b>	<b><u>DO NOT</u> Compost</b>
Breakfast: _____ _____	_____ _____	_____ _____
Lunch: _____ _____	_____ _____	_____ _____
Dinner: _____ _____	_____ _____	_____ _____